

Northwest Harris County Alumnae Panhellenic

Recruitment Information Guide 2012-2013

www.nwhcap.org



A SORORITY IS...

Sororities are national or international sisterhoods with chapters at accredited colleges and universities. As extended family units, sororities offer warm, caring atmospheres that encourage development.

Sororities promote sound scholarship, leadership ability, community outreach, and lifelong friendships. All sororities sponsor chosen philanthropies supported by collegiate and alumnae chapters. Philanthropies may include aid to handicapped children and adults, support of national health-related organizations, assistance to disadvantaged women and children, or support of educational and literacy programs.

General Information

- **Northwest Harris County Alumnae Panhellenic** - NWHCAP will help provide you with general sorority information and will notify Houston Area Alumnae groups of your intent to participate in membership recruitment. **THIS DOES NOT REGISTER YOU WITH YOUR COLLEGE PANHELLENIC.**

Register on-line at www.nwhcap.org by the posted deadline. If you miss the deadline or fail to register with NWHCAP it does **NOT** mean that you will not be able to participate in recruitment. It does mean that you **MAY** have difficulty finding alumnae members home in the summer and available to write your reference and get it to the school in time for their deadline.

- **Campus Panhellenic Association** - When you register with your campus Panhellenic (**and this is a must**), they will send you information about what you can expect during the recruitment process on their campus. Campus registration dates vary so check their website or call to find out the deadline at your university. The information you will receive usually has dress guidelines and photo examples. Wear clothes you feel good in and comfortable shoes - you will be standing and walking a lot.
- **Recruitment** - In order to go through the recruitment process, you may need a **reference** (a form with your personal information requested by the sorority chapter) written by a **sponsor** (an alumna member) for each sorority on your campus.

Your sponsor will obtain the reference form for her sorority.

Membership recruitment is typically 3 to 4 events, intended for you and the sorority women to meet and for you to learn more about sorority life and their sorority in particular. The emphasis is on conversation and getting to know each other since it is a mutual selection process. Each sorority has a variety of women in them so don't judge them by a stereotype given to you for the whole group. The period of recruitment varies, but usually lasts for several days.

- **Sorority Membership...It's for life!**
All sororities were created with the desire for friendship, leadership, achievement and philanthropy, in their pursuit of higher education. Among the many benefits, they offer you a home away from home, help make the university smaller by providing an easy way to connect with others and give you an opportunity to develop leadership skills. This also provides a lifetime of friendship through alumnae associations throughout the country and abroad where you can make new friends as you move to different locations. Alumnae groups are among the most noted organizations that support community non-profit organizations. Sorority membership offers benefits for a lifetime which are too numerous to mention.
- **Scholarship** - Every sorority wishes to maintain a high chapter grade point average, therefore each must consider a woman's ability to adhere to its scholastic standards. It is hoped that each student pledged will place importance upon the completion

of her education and that she remains involved with the sorority for the full four years.

- **Compatibility** - Sororities are based upon friendship, congeniality and mutual ideals. The ability to get along with others and the enjoyment of being with people of diverse personalities are desirable qualities.
- **Interest in Involvement** - Those who are group-oriented and who enjoy working with people are more likely to contribute to sorority operation and to benefit from membership. The potential member's list of high school activities need not be long if there is indication that she has truly participated in some...rather than being merely a "joiner" in many activities. It's quality of involvement over a number of activities that counts the most.
- **Financial Responsibility** - Membership dues finance each sorority. Women participating in the membership recruitment process should be aware of the cost of sorority membership and be willing to accept the financial obligation.
- **Cost of membership** - Expenses for sorority membership include pledge fees, initiation fees, building fees, and dues. To secure accurate information regarding the expenses for sorority membership on your campus, go to their website and search for "Greek Life." Review the material on the university website or contact the Panhellenic Council on the campus you are attending to find out specific costs for sorority membership at that particular campus. Fees will vary by sorority. This information changes from year to year and the Panhellenic office at each campus has the up-to date information regarding these costs and will be your most reliable source for this information.

- **It's a Mutual Decision** - Sororities which are members of the National Panhellenic Conference (NPC), are private social organizations whose collegiate members have the right to invite into membership the women they deem to be most congenial. The privilege of choice is mutual. Although a sorority has the right to choose whom it will invite to pledge, the recruit also has the right to choose which sorority she will want to join. If you would like to join a sorority, it is best to do it your first year in college because it is much more difficult to get in your second year in school.

It is best **not** to make up your mind about joining any sorority **until** you have met its active collegiate members. Remember that you are not joining a "name" but choosing a closely-knit group in which you expect to make lasting friendships in college and alumna life. Also, remember that individual sororities differ from campus to campus and there are girls in every sorority that you would develop lasting friendships with. Enter recruitment with an open mind, go to all the first round parties you are invited to attend and give each group a chance.

When your final decision is being made at the end of the Membership Recruitment, you, the recruit, are urged to list more than one group, in preferential order, indicating the sororities that you are interested in joining. Maximize your chances for sorority membership by choosing more than one.

Potential New Member Registration Process

Some potential members may not know sorority alumnae. In an effort to assist potential members, the NWHCAP Association has the following **suggested** procedure for providing your information to alumnae groups.

The potential member will complete a Potential New Member Registration Form and submit the form and requested information to the Panhellenic Recruitment Chair via email. The Panhellenic Recruitment Chairman will then distribute this information to the **Panhellenic Alumnae** in the area. Each sorority alumnae group will use the information you submit in an effort to obtain a personal reference for you, the potential member. Your local references on your resume are therefore very important.

Note: References/Recommendations through NWHCAP are done on a voluntary basis and are done at the discretion of the alumnae based on their group's set requirements (e.g. grade point, leadership activities, reputation, etc.) Registering with NWHCAP DOES NOT guarantee that you will receive a reference.

The sooner you submit this information, the more time you will give the sorority alumnae groups to contact their members on your behalf.

This procedure DOES NOT guarantee that the designated sororities will recruit these candidates.

It is to your advantage to make family and friends aware of your intention to participate in the recruitment process. If an alumna offers to write a recommendation

for you, please include that information in your list of references on your resume.

The Panhellenic's goal is to assist all Northwest Harris County potential members in having the best recruitment possible, ending with the maximum number of girls becoming members of a sorority.

It is to your advantage to submit all completed registration information to the Recruitment Chairman as soon as possible after the Parent Daughter Seminar on February 26, 2012, even if you are undecided on your choice of schools or if you are attending a school with deferred recruitment. Registration information must be received by April 30, 2012 for fall and deferred recruitment.

- Contact the NWHCAP Recruitment Chairman, Kari Heuring, NWHCAPRecruitment@yahoo.com if you have any questions.

Path of your Information

- Potential New Member registration received by Panhellenic sometime after the Parent Daughter Seminar on February 26, 2012.
- Sorority alumnae receive the registration information.
- Alumnae make effort to obtain potential member recommendations.

- Optimally, recommendations are sent to college chapters from alumnae **by June 1st**. More questions? Email the Recruitment Chairman at www.nwhcaprecruitment@yahoo.com

Registration -- Instructions

1. Download and complete the **New Member Registration Form** on the NWHCAP website (www.nwhcap.org). Attach the following:
 - Resume - see sample format below. Be specific. Don't assume they know what PALS stands for and what you did.
 - Digital photos (**maximum 2 snapshots**; one full body and one close up is recommended, files not to exceed 2 mb in size). Pictures should look like you. They want to recognize you. Do not send pictures with animals, letter jackets ,cheerleading outfits, or prom/cotillion pictures. Don't crop yourself from a group picture. It does not have to be a professional photograph.
 - Simple, solid color that is flattering is best.
2. **Email** the registration form, resume, and photos (ALL in ONE file, word.doc or pdf. Your registration, resume and pictures should all be on the same file) to the Recruitment Chairman – Kari Heuring, NWHCAPRecruitment@yahoo.com
3. **IMPORTANT:** You **must** sign up with your college Panhellenic in order to go through recruitment. They will require similar information packets which will be unique to each college campus. Check your college website to

find out the exact requirements, and when they are due.

Sample Resume

***Personal Information**

Full Name (Nickname):
Home Address:
Phone:
College Classification:
College Planning to Attend:
Birthdate:

***Scholastic Information**

Name of High School:
Size of Graduating Class:
Class Rank:
Grade Average: _____ on _____ Point System
S.A.T. Total _____, Math _____, Reading _____,
Writing _____
College now attending (if any): _____
G.P.A. _____

*** High School Activities, Clubs, Offices, Awards and Honors (Individual):**

*** College Activities:**

*** Work Experience:**

*** Volunteer/Community Service:**

*** Special Interests and Hobbies:**

*** Family Information**

Parent or Guardian: (Name and Address)
Mother: (First, Maiden, and Last Name)
Father: (Full Name)
Family Sorority and Fraternity Affiliations:
(Name / Relationship / Sorority or Fraternity Name /
College)

*** Local References** (e.g., local sorority alumnae, counselors, teachers) with year-round phone numbers and email addresses. Please indicate if your reference has agreed to write you a recommendation for their sorority.

(e.g. Jane Smith, XXX sorority, 281-555-1234,
jane@smith.com)

**This is a suggested format you may use for your
Potential New Member Registration.**

National Panhellenic Sororities

The National Panhellenic Conference and many of its NPC member sororities have their own websites. The following are websites that may be of interest to you.

	National Panhellenic Conference	www.npcwomen.org
ΑΧΟ	Alpha Chi Omega	www.alphachiomega.org
ΑΔΠ	Alpha Delta Pi	www.alphadeltapi.org
ΑΕΠ	Alpha Epsilon Phi	www.aepi.org
ΑΓΔ	Alpha Gamma Delta	www.alphagammadelta.org
ΑΟΠ	Alpha Omicron Pi	www.alphaomicronpi.org
ΑΠ	Alpha Phi	www.alphaphi.org
ΑΣΑ	Alpha Sigma Alpha	www.alphasigmaalpha.org
ΑΞΔ	Alpha Xi Delta	www.alphaxidelta.org
ΧΟ	Chi Omega	www.chiomega.com
ΔΔΔ	Delta Delta Delta	www.tridelta.org
ΔΓ	Delta Gamma	www.deltagamma.org
ΔΠΕ	Delta Phi Epsilon	www.dphie.org
ΔΖ	Delta Zeta	www.deltazeta.org
ΓΦΒ	Gamma Phi Beta	www.gammaphibeta.org
ΚΑΤ	Kappa Alpha Theta	www.kappaalphatheta.org
ΚΔ	Kappa Delta	www.kappadelta.org
ΚΚΓ	Kappa Kappa Gamma	www.kappakappagamma.org
ΦΜ	Phi Mu	www.phimu.org
ΠΒΦ	Pi Beta Phi	www.pibetaphi.org
ΣΚ	Sigma Kappa	www.sigmakappa.org
ΣΣΣ	Sigma Sigma Sigma	www.sigmasigma.org
ΖΤΑ	Zeta Tau Alpha	www.zetataualpha.org

National Panhellenic Conference Creed

"We, as Fraternity Women, stand for service, through the development of individual fraternity and Panhellenic life. The opportunity for wide and human service, through mutual respect and helpfulness, is the tenet by which we strive to live."

Texas Colleges and Universities

ANGELO STATE UNIVERSITY
http://www.angelo.edu/org/greek_life/panhellenic.php
 Delta Zeta
 Sigma Kappa

BAYLOR UNIVERSITY
<http://www.baylor.edu/studentactivities/greeklife/>
 Alpha Chi Omega
 Alpha Delta Pi
 Chi Omega
 Delta Delta Delta
 Kappa Alpha Theta
 Kappa Kappa Gamma
 Pi Beta Phi
 Zeta Tau Alpha

HBU
<http://www.hbu.edu/hbu/Sororities.asp?SnID=1010411298>
 Alpha Chi Omega
 Phi Mu

LAMAR UNIVERSITY
<http://lamar.orgsync.com/org/greekcouncil24315/GoGreek>
 Alpha Chi Omega
 Alpha Delta Pi
 Zeta Tau Alpha

MIDWESTERN UNIVERSITY
<http://students.mwsu.edu/development/greeklife/phcrecruitment.asp?L=1396>
 Alpha Phi
 Chi Omega
 Gamma Phi Beta
 Sigma Kappa

ST. MARY'S UNIVERSITY
<http://www.stmarytx.edu/greek/>
 Alpha Phi
 Alpha Sigma Tau
 Delta Zeta
 Sigma Sigma
 Sigma

SAM HOUSTON STATE
http://www.shsu.edu/%7Eorg_npc/AlphaChiOmegaAlphaDeltaPiSigmaSigmaSigmaZetaTauAlpha

SMU
<http://smu.edu/fsl/sororities/>
 Alpha Chi Omega
 Chi Omega
 Delta Delta Delta
 Delta Gamma
 Gamma Phi Beta
 Kappa Alpha Theta
 Kappa Kappa Gamma

Pi Beta Phi
SOUTHWESTERN
<http://www.southwestern.edu/studentlife/panhellenic/index.php>
 Alpha Delta Pi
 Alpha Xi Delta
 Delta Delta Delta
 Zeta Tau Alpha

STEPHEN F. AUSTIN
<http://www.sfasu.edu/studentaffairs/106.asp>
 Alpha Chi Omega
 Chi Omega
 Delta Delta Delta
 Delta Zeta
 Zeta Tau Alpha

TARLETON STATE UNIVERSITY
<http://www.tarleton.edu/greeklife/Panhellenic-Council.html>
 Alpha Gamma Delta
 Delta Zeta
 Phi Mu

TEXAS A&M UNIVERSITY
<http://greeklife.tamu.edu/organizations>
 Alpha Chi Omega
 Alpha Delta Pi
 Chi Omega
 Delta Delta Delta
 Delta Gamma
 Delta Zeta
 Gamma Phi Beta
 Kappa Alpha Theta

Kappa Delta
Kappa Kappa
Gamma
Pi Beta Phi
Zeta Tau Alpha

**TEXAS A&M –
COMMERCE**
http://www.tamu-commerce.edu/srsc/?page_id=211

Alpha Phi
Chi Omega
Gamma Phi Beta
Kappa Delta

**TEXAS A&M -
CORPUS CHRISTI**
<http://greeklife.tamucc.edu/panhellenic.html>

Alpha Gamma Delta
Delta Delta Delta
Gamma Phi Beta
Zeta Tau Alpha

**TEXAS CHRISTIAN
UNIVERSITY**
<http://www.greeks.tcu.edu/index.html>

Alpha Chi Omega
Alpha Delta Pi
Chi Omega
Delta Delta Delta
Delta Gamma
Gamma Phi Beta
Kappa Alpha Theta
Kappa Kappa
Gamma
Pi Beta Phi
Sigma Kappa
Zeta Tau Alpha

**TEXAS STATE
UNIVERSITY**
www.studentorgs.txstate.edu/greek

Alpha Delta Pi
Alpha Xi Delta
Chi Omega
Delta Gamma
Delta Zeta
Zeta Tau Alpha

**TEXAS TECH
UNIVERSITY**
www.orgs.ttu.edu/gogreek

Alpha Chi Omega
Alpha Delta Pi
Alpha Phi
Chi Omega
Delta Delta Delta
Delta Gamma
Kappa Alpha
Theta
Kappa Delta
Kappa Kappa
Gamma
Pi Beta Phi
Zeta Tau Alpha

**TEXAS
WESLEYAN
UNIVERSITY**
<http://www.txwes.edu/life/clubAndOrganization.aspx#Greek>
Gamma Phi Beta

**TEXAS WOMEN'S
UNIVERSITY**
<http://www.twu.edu/greek-life/default.asp>
Alpha Gamma
Delta
Alpha Omicron Pi

Sigma Sigma Sigma

**UNIVERSITY OF
HOUSTON**
<http://uhgrees.thebinsystem.com/>

Alpha Chi Omega
Chi Omega
Delta Gamma
Delta Zeta
Phi Mu
Zeta Tau Alpha

**UNIVERSITY OF
NORTH TEXAS**
http://greeklife.unt.edu/panhellenic_uncivil

Alpha Delta Pi
Alpha Phi
Chi Omega
Delta Gamma
Kappa Delta
Kappa Kappa
Gamma
Pi Beta Phi
Zeta Tau Alpha

UT – ARLINGTON
<http://utagrees.cellect.org/panhellenic-council-phc>

Alpha Chi Omega
Delta Delta Delta
Delta Zeta
Zeta Tau Alpha

UT- AUSTIN
http://deanofstudents.utexas.edu/glie/join_upc_recruit.php
Alpha Chi Omega
Alpha Delta Pi
Alpha Epsilon Phi
Alpha Phi
Alpha Xi Delta

Chi Omega
Delta Delta Delta
Delta Gamma
Kappa Alpha Theta
Kappa Delta
Kappa Kappa
Gamma
Pi Beta Phi
Sigma Delta Tau
Zeta Tau Alpha

UT – DALLAS
<http://www.utdallas.edu/gogreek/cpc/index.html>
Alpha Gamma Delta
Delta Delta Delta
Kappa Alpha Theta

UT - EL PASO
<http://sa.utep.edu/greeklife/npconference/>
Alpha Sigma Alpha
Alpha Xi Delta
Zeta Tau Alpha

**UT - PAN
AMERICAN**
www.utpa.edu
Alpha Sigma Tau
Delta Zeta

**UT - SAN
ANTONIO**
<http://utsa.edu/sa/greeklife/PHC/index.cfm>
Alpha Omicron Pi
Alpha Sigma Alpha
Gamma Phi Beta
Phi Mu
Sigma Kappa
Zeta Tau Alpha

UT - TYLER
www.uttyler.edu/greeklife/
Alpha Chi Omega
Delta Gamma

**WEST TEXAS
A&M
UNIVERSITY**
<http://www.wtamu.edu/student-life/greek-life.aspx>
Alpha Sigma
Alpha
Chi Omega
Delta Zeta
Zeta Tau Alpha

Out-of-State University Panhellenic Links

ARIZONA STATE UNIVERSITY

<http://www.asu.edu/studentaffairs/mu/greeklife/>

AUBURN UNIVERSITY

www.auburn.edu/greek

COLORADO COLLEGE

<http://www.coloradocollege.edu/campusactivities/greeklife.htm>

COLORADO STATE UNIVERSITY

<http://www.csugreeks.com/>

DUKE UNIVERSITY

<http://www.studentaffairs.duke.edu/greek/programs-services/panhel>

LOUISIANA STATE UNIVERSITY

<http://apploo3.lsu.edu/slas/greekaffairs2.nsf/index>

RHODES COLLEGE

<http://www.rhodes.edu/campuslife/676.asp>

OKLAHOMA STATE UNIVERSITY

<http://www.okstatepanhellenic.com/>

UNIVERSITY OF ALABAMA

<http://bama.ua.edu/~greeklif/SororityRecruitment.html>

UNIVERSITY OF ARIZONA

<http://arizonagreek.orgsync.com/>

UNIVERSITY OF ARKANSAS

<http://uagreeks.uark.edu/3223.php>

UNIVERSITY OF OKLAHOMA

http://www.ou.edu/content/studentlife/get_involved/fssl/panhellenic.html

UNIVERSITY OF VIRGINIA

<http://www.virginia.edu/fsl/isc.html>

VANDERBILT UNIVERSITY

http://www.vanderbilt.edu/greek_life/sororities.html

WAKE FOREST UNIVERSITY

<http://wakeforest.orgsync.com/org/wfugreek>

WASHINGTON & LEE UNIVERSITY

<http://panhellenic.wlu.edu/>

Greek Terminology

Active - Commonly used term to denote a fraternity or sorority member in college.

Agent - A person (male or female) who recruits for a sorority in any way.

Alumna - A sorority/fraternity member (feminine) no longer in college.

Alumnae Panhellenic - An area organization of alumnae (post college members) of National Panhellenic Conference (NPC) member sororities.

Bid - Invitation to join a sorority or fraternity.

Chapter - Membership unit of a fraternity or sorority.

College Panhellenic - The cooperative college organization of women's NPC member sororities.

Deferred Recruitment/Membership Recruiting - Membership recruitment week scheduled sometime after school opening or in the second semester or at the beginning of sophomore year.

Dropping Out of Recruitment - If it becomes necessary for a potential new member to discontinue attendance at Recruitment events, she should check with her College Panhellenic as to procedure and registration for Recruitment at a later date.

Fraternity - Name that applies to all Greek-letter organizations, characterized by a ritual, pin and strong ties of friendship. Informally, women's fraternities are called sororities.

Information File - File used by all sorority groups compiled by Alumnae Panhellenic from information furnished by college-bound women interested in Recruitment.

Initiation - Inspirational ceremony by which new members/pledges become active members.

Legacy - Generally defined as a daughter, sister or granddaughter of an initiated member, although each sorority has its own definition of a legacy.

Local - A campus organization, often with a Greek-letter name, which does not have chapters on other campuses and which is not a member of National Panhellenic Conference.

New Member - A young woman who has accepted a fraternity bid but has not yet been initiated. New member or a similar designation is the more common term being used.

Open Recruitment - A period following Formal Recruitment/Membership Recruitment with informal recruitment without scheduled events. This is designated by the College Panhellenic.

Panhellenic - Meaning "all Greek", it is the organization nationally, locally and on college campuses to further the aims of all member groups.

Preferential Bidding - A system used at the conclusion of Formal Recruitment/Membership Recruitment when potential new members and sororities indicate choices.

Quota - System used to equalize, in general, the number of members in each campus group. It means the number of women who may be pledged by each group in Recruitment/Membership Recruitment. The quota is set by the College Panhellenic and depends on the number of potential new members and sororities on a particular campus.

Recommendation or Reference or Letter of Information - Specific information form which sponsors a prospective member. Each sorority has its own form.

Recruitment Week/Membership Recruitment Week - Period of time formally designated by the College Panhellenic for meeting potential new members.

Potential New Member - High school graduate or an unaffiliated college or transfer student who plans to attend (or who is attending) a college which has sororities and who is interested in sorority membership.

Silence - The period of time designated by College Panhellenic when there are no communications between potential new members and members or their agents.

Recruitment Tips

BE YOURSELF – This is not a cliché. Don't pretend to be someone you're not to fit into a sorority. You want to be in a sorority that feels like home and that likes you for who you are.

KEEP AN OPEN MIND – Do not have a preconceived idea of which groups you are interested in. Make decisions based on the members you will be meeting during the week, and fully consider all of your options throughout the process.

MAKE YOUR OWN CHOICES – Base your decisions on your experiences, not on what you hear from friends or family. Choose groups with whom you feel most comfortable.

YOU ARE A GUEST – Remember that you are a guest in each of the chapter houses and be polite and courteous to all of the active members you meet.

HOW TO DRESS – Each school is different as to what to wear to each party, and your College Panhellenic will give you guidelines. Each day's attire gets slightly more dressy. If you are wearing a dress, make sure you can comfortably sit on the floor in it. You may want to wear flip-flops for walking between the houses. Many colleges give you a gallon Ziploc in which to carry your personal items, so check with your college before you plan your wardrobe.

Some girls find it helpful to carry oil blotting sheets for perspiration (recruitment in August will be very warm!)

CARRY MINTS INSTEAD OF CHEWING GUM

CONVERSATION – Think of some questions to ask, such as a member's favorite activities, that sorority's philanthropy, are there people in the chapter in your major or sport, etc.

HAVE FUN- The recruitment process can be stressful, but is also a lot of fun.

REMEMBER – You must register with your College Panhellenic in order to go through Recruitment!

Greek Alphabet

Α	Β	Γ	Δ	Ε	Ζ
Alpha	Beta	Gamma	Delta	Epsilon	Zeta
Η	Θ	Ι	Κ	Λ	Μ
Eta	Theta	Iota	Kappa	Lambda	Mu
Ν	Ξ	Ο	Π	Ρ	Σ
Nu	Xi	Omicron	Pi	Rho	Sigma
Τ	Υ	Φ	Χ	Ψ	Ω
Tau	Upsilon	Phi	Chi	Psi	Omega